



**Youth Ambassador Program (YAP) Human Trafficking Awareness Workshops**

The Youth Ambassador Program is a project of Forgotten Children, Inc. an anti-trafficking organization whose mission is to rescue, restore, educate, and bring hope to victims of human trafficking and sexual exploitation. Over the next 8-weeks, YAP is proposing to partner with Audubon Middle School by providing prevention, intervention, and awareness education to students in grades 6<sup>th</sup>-8<sup>th</sup>. Topics will include the following:

Week one	<p><b>HUMAN TRAFFICKING OVERVIEW:</b></p> <ul style="list-style-type: none"> <li>● What is human trafficking?</li> <li>● Identifying ways youth become vulnerable to being trafficked.</li> <li>● How to prevent oneself from being trafficked?</li> </ul>
Week two	<p><b>RELATIONSHIPS:</b></p> <ul style="list-style-type: none"> <li>● Family Relationships/what is love in family relationships.</li> <li>● Friendships/what is love in friendships?</li> <li>● Romantic Relationships/what is love in romantic relationships?</li> </ul>
Week three	<p><b>IDENTITY:</b></p> <ul style="list-style-type: none"> <li>● What is identity? /Who are you? / self-esteem/confidence</li> <li>● Building self-esteem/ Ways to create your own identity vs others saying who you are?</li> <li>● Remaining confident in difficult situations and knowing my worth&gt;</li> </ul>
Week four	<p><b>ABUSE:</b></p> <ul style="list-style-type: none"> <li>● What is abuse? /Identifying examples of abuse</li> <li>● Normalization of abuse/abuse is not love.</li> <li>● How to overcome abuse? Breaking cycles of abuse</li> </ul>
Week five	<p><b>BOUNDARIES:</b></p> <ul style="list-style-type: none"> <li>● What are boundaries/identify current boundaries/am I respecting other boundaries?</li> <li>● How to create boundaries? /Implementing boundaries</li> <li>● When is it time to make changes to current boundaries/ how to let go even when it hurts</li> </ul>
Week six	<p><b>WELLNESS:</b></p> <ul style="list-style-type: none"> <li>● Feeling safe/ What is safety for me?</li> <li>● Creating safety in chaos</li> </ul>



Week seven	<b>YOUR BODY-YOUR WORTH</b> <ul style="list-style-type: none"><li>• Grooming and how to identify traffickers and predators</li><li>• Understanding your worth and how to walk in boldness of who you are</li></ul>
Week eight	<b>MY FUTURE</b> <ul style="list-style-type: none"><li>• Setting goals for the future</li><li>• Celebration</li><li>•</li></ul>